

# NC Bronze & Silver State Meet

## Central Carolina Gymnastics @ Kernersville Recreation Center

March 20, 2026 - March 22, 2026

### Session 1. Bronze Ch5, ChA, ChB, ChC, ChD

#### Friday, Mar 20, 2026

Ch D (DOB 11/17/2018-02/05/2019)

Ch C (DOB 02/06/2019-06/21/2019)

Ch B (DOB 06/22/2019-10/01/2019)

Ch A (DOB 10/02/2019-02/25/2020)

5 Yr (DOB 02/26/2020-11/28/2020)

70 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 9:30 am

March In: 9:50 am

Awards: 12:00 pm

### Session 2. Bronze ChE, ChF, ChG, ChH

Ch H (DOB 02/03/2018-03/29/2018)

Ch G (DOB 03/30/2018-06/14/2018)

Ch F (DOB 06/15/2018-08/24/2018)

Ch E (DOB 08/25/2018-11/16/2018)

70 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 12:15 pm

March In: 12:35 pm

Awards: 2:45 pm

### Session 3. Bronze ChI, ChJ, ChK, JrA

Jr A (DOB 04/08/2017-06/24/2017)

Ch K (DOB 06/25/2017-08/29/2017)

Ch J (DOB 08/30/2017-11/20/2017)

Ch I (DOB 11/21/2017-02/02/2018)

70 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:00 pm

March In: 3:20 pm

Awards: 5:30 pm

### Session 4. Bronze JrB, JrC, JrD, JrE

Jr E (DOB 02/17/2016-05/30/2016)

Jr D (DOB 05/31/2016-09/30/2016)

Jr C (DOB 10/01/2016-01/25/2017)

Jr B (DOB 01/26/2017-04/07/2017)

70 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:45 pm

March In: 6:05 pm

Awards: 8:20 pm

## **Session 5. Bronze JrF, JrG, SrA, SrB**

### **Saturday, Mar 21, 2026**

Sr B (DOB on or before 09/23/2014)

Sr A (DOB 09/24/2014-04/18/2015)

Jr G (DOB 04/19/2015-10/08/2015)

Jr F (DOB 10/09/2015-02/16/2016)

68 gymnasts

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 am*

*March In: 8:20 am*

*Awards: 10:30 am*

## **Session 6. Silver ChA, ChB, ChC, ChD, ChE**

Ch E (DOB 06/21/2017-08/09/2017)

Ch D (DOB 08/10/2017-10/16/2017)

Ch C (DOB 10/17/2017-12/27/2017)

Ch B (DOB 12/28/2017-05/01/2018)

Ch A (DOB 05/02/2018-03/01/2019)

82 gymnasts

*Format: Modified Capitol Cup*

*Open Stretch Begins: 10:45 am*

*March In: 11:05 am*

*Awards: 1:55 pm*

## **Session 7. Silver ChF, ChG, ChH, ChI, ChJ**

Ch J (DOB 10/07/2016-11/23/2016)

Ch I (DOB 11/24/2016-01/13/2017)

Ch H (DOB 01/14/2017-03/11/2017)

Ch G (DOB 03/12/2017-05/14/2017)

Ch F (DOB 05/15/2017-06/20/2017)

83 gymnasts

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:10 pm*

*March In: 2:30 pm*

*Awards: 5:20 pm*

## **Session 8. Silver ChK, JrA, JrB, JrC, JrD**

Jr D (DOB 12/14/2015-02/24/2016)

Jr C (DOB 02/25/2016-05/18/2016)

Jr B (DOB 05/19/2016-07/18/2016)

Jr A (DOB 07/19/2016-09/01/2016)

Ch K (DOB 09/02/2016-10/06/2016)

81 gymnasts

*Format: Modified Capitol Cup*

*Open Stretch Begins: 5:35 pm*

*March In: 5:55 pm*

*Awards: 8:50 pm*

## **Session 9. Silver JrE, JrF, JrG, JrH, JrI**

### **Sunday, Mar 22, 2026**

Jr I (DOB 05/30/2015-07/19/2015)

Jr H (DOB 07/20/2015-08/21/2015)

Jr G (DOB 08/22/2015-09/28/2015)

Jr F (DOB 09/29/2015-11/04/2015)

Jr E (DOB 11/05/2015-12/13/2015)  
83 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 8:00 am*  
*March In: 8:20 am*  
*Awards: 11:10 am*

## **Session 10. Silver JrJ, JrK, SrA, SrB, SrC**

Sr C (DOB 07/17/2014-09/19/2014)  
Sr B (DOB 09/20/2014-12/29/2014)  
Sr A (DOB 12/30/2014-02/14/2015)  
Jr K (DOB 02/15/2015-03/31/2015)  
Jr J (DOB 04/01/2015-05/29/2015)  
81 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 11:25 pm*  
*March In: 11:45 am*  
*Awards: 2:35 pm*

## **Session 11. Silver SrD, SrE, SrF, SrG, SrH**

Sr H (DOB on or before 08/15/2012)  
Sr G (DOB 08/16/2012-06/20/2013)  
Sr F (DOB 06/21/2013-11/14/2013)  
Sr E (DOB 11/15/2013-05/07/2014)  
Sr D (DOB 05/08/2014-07/16/2014)  
77 gymnasts  
*Format: Modified Capitol Cup*  
*Open Stretch Begins: 2:50 pm*  
*March In: 3:10 pm*  
*Awards: 6:00 pm*